

Irish Youth Work

Scene

Magazine for Irish youth work practitioners



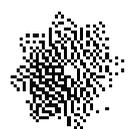
IN THIS EDITION OF SCENE

Symposium on Exploring Outcomes in Youth Work
The Irish Youth Music Awards (IYMAs) 2012
Youth Work Ireland Week Review
Guide to Setting Up a Youth Club Launch
Limerick Youth Service Profile
Body Image & the Media Activity Supplement



Youth Work Ireland
Carraig, Cúntaíocht, Oibríocht

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Irish Youth Music Centre

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Cover Image: Exit Fire from CDYS Youth Work Ireland - winners of the IYMAS 2012

Disclaimer

It is open to all our readers to exchange information or to put forward points of view. Send in news, comments, letters or articles to the editor. Views expressed in this magazine are the contributor's own and do not reflect those of the Irish Youth Work Centre or Youth Work Ireland.

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Have your say on the future of Irish Youth Work...

Welcome to the latest edition of *Scene*. Changes to youth work in Ireland are bringing new challenges and opportunities for young people, volunteers and staff within the youth work sector. Recent developments include new standards and assessment for youth clubs and youth work services, a new focus on evidence and outcomes and a decrease in funding. Even more changes are coming with the Department of Children and Youth Affairs now writing a new Youth Policy Framework (YPF) for Ireland. At the same time communities, families and young people are dealing with austerity, disruption and new social pressures.

The forthcoming Youth Work Ireland Consensus Conference which will be held in Farmleigh House on Saturday September 22nd 2012 will address these and other emerging challenges and opportunities. It will do this by offering young people, volunteers and professional youth workers a safe space to:

- Come to consensus in identifying the elements of our practice that need to be protected and developed in the new Youth Policy Framework and by Youth Work Ireland;
- Learn from each other as well as policy makers about the challenges that the new Policy Framework will bring and the opportunities that exist to overcome these challenges;
- Work together to reach consensus on collective actions we can take to engage the new Youth Policy Framework;
- Have their ideas presented to the Department of Children and Youth Affairs for consideration in developing the new Youth Policy Framework.

The Consensus Conference is your chance to be heard. In preparation for this event Youth Work Ireland is organising scoping workshops and surveys at all levels that will set the agenda for this important Conference and will allow anyone who wants to be involved to get involved. The questions we are asking in the workshops and surveys reflect key issues identified so far in the developing Youth Policy Framework. You can have your say on this by logging onto www.youthworkireland.ie or go directly to the online survey at www.surveymonkey.com/s/6Z9SVF9

Use this opportunity to have your voice heard. Enjoy your read.



Patrick J. Burke, CEO Youth Work Ireland

Symposium on Exploring Outcomes in Youth Work

Introduction

The Centre for Effective Services is part of a new generation of intermediary organisations across the world connecting **scientific evidence** of what works to **policy** and **practice** to improve the lives of children, young people and the families and communities in which they live.

The Centre undertakes a wide range of project work ranging from whole-sector strategic development, supporting evidence-informed policy and practice; to focused technical assistance for individual service-providing organisations. In July this year the CES in conjunction with the **Department of Children and Youth Affairs** will host a **Symposium on Exploring Outcomes in Youth Work and Related Provision**. This Symposium will take place on **Tuesday July 24th** in the Main Conference Hall in Dublin Castle.

Background

The Youth Affairs Unit (YAU) of the Department of Children and Youth Affairs working in partnership with CES aims to enhance linkages with evidence-informed practice to ensure that youth work and related practice provision in Ireland is of the highest quality. The Symposium will involve bringing together a wide range of people with an interest in this topic to discuss and focus on achieving option outcomes.

Purpose of the Symposium

The symposium will explore issues in relation to the findings from an international literature review (commissioned by CES on behalf of YAU) undertaken by the Institute of Education, London, which maps the research literature in relation to youth development.

The Symposium will Provide an Opportunity:

- To launch the report from the Institute of Education.
- For practitioners and managers of young peoples' services, academics, researchers and others to learn from leading commentators.
- For participants to reflect on their own practice in light of the inputs from the international commentators.
- To inform the development of the Youth Policy Framework.

Keynote Speakers

Leading international writers and practitioners in the area of youth development will address and build upon the findings of the international literature review. Three keynote speakers will include:

Dr. Dale A. Blyth, Extension Professor, School of Social Work and Director of the Youth Work Institute, University of Minnesota

Dr. Dana Fusco, Associate Professor, Department of Teacher Education, York College, City University of New York

Dr. John Bamber, Principal Fellow, Centre for Effective Services.

Scientific Evidence

Implementing scientific evidence of what works

Policy

Guiding strategic decisions based on evidence

Practice

Getting frontline services to work on evidence instead of assumptions

Workshops

Participants will have the opportunity to reflect and discuss the morning inputs in relation to their own practices and emerging issues.

Target Audience

The Symposium is free of charge and targeted at practitioners in youth work organisations and services, administrating agencies, and related disciplines working with young people in out-of-school time settings.



Outline of the Day

Time	Programme
9.30am-10.00am	Registration
10.00am-10.30am	<i>Welcome by Conference Chair</i> Dr. Maurice Devlin , Senior Lecturer in the Department of Applied Social Studies, NUI Maynooth <i>Introduction to the Symposium</i> Jim Breslin , Secretary General, Department of Children and Youth Affairs <i>Setting the Context</i> Conor Rowley , National Assessor of Youth Work, Department of Children and Youth Affairs
10.30am-11.00am	<i>Issues in Focusing on Outcomes in Youth Work and Related Provision</i> Dr. John Bamber , Centre for Effective Services
11.00am-11.30am	Break
11.30am-12.15pm	<i>Current and Emerging Issues and Trends in Youth Work Practice and Related Provision</i> Dr. Dana Fusco , Associate Professor, Department of Teacher Education, York College, City University of New York
12.15pm-1.00pm	<i>Exploring Issues in Measurement and Accountability in Youth Work and Related Provision</i> Dr. Dale Blyth , Associate Dean for Youth Development and Director of the Youth Work Institute, University of Minnesota Extension
1.00pm-2.00pm	Lunch
2.00pm-4.00pm	<i>Workshop</i> Reflecting on the morning's themes in relation to participants' practice and issues, through structured dialogue
4.00pm-5.00pm	Plenary - Feedback on workshop considerations Close of conference by Minister for Children & Youth Affairs Francis Fitzgerald T.D.

For further details on this event contact Breda Ryan, CES, bryan@effectiveservices.org
www.effectiveservices.org



THE IYMA's 2012

by Dermot Lambert

On Saturday 28th April 2012 the **Irish Youth Music Awards** celebrated its fifth year in Liberty Hall, Dublin.

As organisers of The IYMA's, we were taken completely by surprise and by storm at the goodwill at this year's event. Youth workers, mentors, staff, volunteers and the young participants seemed to create a volcano of positivity which the building could barely contain. It was clear from the start of the day that we were witnessing something very special this year, even more so than the four previous years – which had been pretty momentous themselves!

The IYMA's started in 2007 when Michael McLoughlin contacted me by email. He and Paul Gralton from **Youth Work Ireland** National Office had been engaged in efforts to get a music programme off the ground for Youth Work Ireland. They had become aware of my company **Garageland**, which helps new acts to get through the first difficult years of their career. As lead singer and songwriter in Blink, with substantial

record sales and touring experience, I had a vast experience of the ups and downs of the music industry, and as such I was in a good position to understand the wants and needs of artists, while also understanding the realities of the music industry.

On meeting Michael, he explained to me that Youth Work Ireland would like to stage a one-day music event. As we spoke though, it became clear that with a potential 1,000 participants, and as many as 8,000 interested supporters, we would have to think of some way to include everybody, which would be difficult. Even if we could hire out the O2 there would still only be a certain amount of young people who could take part in the actual playing.

We knew what had caused it, but we were still surprised to see it work so unbelievably special this time.

We came up with a formula which we believed could accommodate 1,000 potential participants, and where everybody involved would be incentivised *and* there would be no losers.

The formula involved (and still involves), 2 local events in each participating region, in which a team is created, a representing act is chosen (only by the young participants themselves) and a mini record company is set up.

The formula is aimed at creating teamwork, education and even some work experience. We would then have a National Event, which would be screened back to each local region via YouTube so as to allow home supporters to watch and partake in realtime.

This programme would look like a band competition on the surface, complete with competing acts, awards and prizes but underneath it would be anything but a band competition. We banned the word 'competition', and acts chosen to play in the National Event are instead referred to as 'Representing Acts'. At the end of the entire process we would have a *region* (not an act) who became the National Recipients of the Award – this is to try to avoid 'local hero' of band members, and 'loser' status of all others.

We then went to some of the most influential music industry people to

seek their support and possible attendance at the National Event. We hoped having some heavy hitters on the panel would attract young musicians to the programme, and lend it some weight that no other youth programme had thus far achieved at a National level.

Jackie Hayden of *Hot Press Magazine* and Willie Kavanagh of *EMI Records* both loved the idea so much that they became permanent panellists on what has now become known as **The IYMA**s (The Irish Youth Music Awards). With these two iconic figures onboard, we knew we could get whomever we wanted on our panel, and that we had created something great for young people.

14 of the 22 Youth Work Ireland Member Youth Services took part in the first year (we called it **7 Steps Up** in its first year). These were Limerick, Carlow, Kilkenny (Ossory), CDYS, Donegal, Kildare, FDYS (Wexford), Kerry, Meath, Midlands, Louth, Galway, Clare and Tipperary. Over the following years we've had the addition of Laois, Monaghan, Waterford, Belfast, Newry, Enniskillen, Derry, Donnycarney, Ballybough, Arklow, Dunlaoire Rathdown, Ballyfermot, Lucan, Finglas, Glanmire, Blarney, ...

We now proudly work with CDYSB, YANI (Youth Action Northern Ireland) and many independent Youth Organisations throughout Ireland – North, South, East and West. By year 5, the

music industry panel on the IYMA's is one of the strongest in any music event in Ireland.

The IYMA's has grown at a massive rate, we have released four albums, one of which charted in the Irish Music Charts. There have been over 190 regional events, we have set up over 90 web pages and we have been on radio and TV several times. The Irish Times has written about us, along with nearly every regional paper in the land. We have had launches in the RDS, and we've taken over Liberty Hall Theater!

We believe The IYMA's 2012 was a very special event because it came back into itself. In the massive growth and fanfare, there was a great undercurrent of sense of self. With the economic conditions as bleak as they are in our country in 2012, there was a sense at the IYMA's 2012 that we were doing something good.

...so why was IYMA's 2012 so special?

From our initial meetings around the country it was clear that this year's programme was very personal, at least that's how it seemed to us. All the young people involved seemed happy to be just that - involved! We watched the enthusiasm on the Facebook pages which was so engaging in 2012, far more than any other year. The engagement and teamwork at local level was so strong that it

became a very difficult task to mark the Facebook results. You could feel the whole country buzzing with The IYMA's.

We were also aware that many youth workers around the country were far more involved, supportive, and giving of their time than perhaps they were ever expected to be, and the level of goodwill was tangible. Then to see Liberty Hall fill up on the day with eager faces, faces that had made something their own in these difficult times – this was how we knew we had created something special in 2012.

Since April 28th, the final day of the IYMA's 2012, we have received an unprecedented number of positive and excited, and some quite touching, emails and texts congratulating the team, for which we are very grateful. However, what we are most grateful for is being allowed to work with such a great community of people on such a positive and important programme for young people. So thanks to all involved and well done Youth Work Ireland, CDYSB, YANI and all involved in IYMA's 2012!

For more information contact:

www.youthworkireland.ie
www.garageland.ie



Youth Work Ireland Week 2012

by John Gilmore,
President, Youth Work Ireland



Youth Work Ireland
Our Youth. Our Nation. Our Future.

The Irish people are well known for their humility and when it comes to institutional recognition, we at Youth Work Ireland are equally unwilling to pat ourselves on the back. There are, no doubt, very organic and specific reasons for this. For one thing, the precariousness of funding in the sector in recent years has engendered a very unique form of pressure on our vital services; one that has left little time for a reflection on our collective accomplishments thus far.

National showcase

However, as 2012 marks our 50th year, the Board agreed that it was time for us to have a national showcase of all the fantastic work being carried out. The inaugural Youth Work Ireland Week witnessed almost two hundred events take place around the country and in the spirit of the organisation the emphasis was on the local communities we work within. As you can imagine, the events were diverse and ranged from music gigs in Mallow to creative writing in Galway, running in Kilkenny to playing soccer in Wexford. In Waterford participants discussed volunteerism, while the Donegal contingent, both young and old, engaged in shared conversations about sexual health and well being.

Innovation and excitement

I was fortunate enough to be able to visit several services throughout the week and was met with great excitement, innovation and hard work. I started my week at Kerry Diocesan Youth Service. KDYS had incorporated their longstanding and acclaimed Youth Day into our week long celebrations. In between the inflatable obstacles and "Zumba" classes, I had the opportunity to meet with a large cohort of young people from both rural to the urban based projects and even got time for a cup of tea and a chat with a man who has volunteered in his local youth club for over thirty years.

A taste of what we do

As well as a week of celebration for our federation, its staff, volunteers and young people, Youth Work Ireland Week raised awareness of our profile and provided a much needed opportunity to gain publicity and engagement with the community at large. Local radio and newspapers were well informed with news of what was happening in the various youth services and many youth projects opened their doors to allow the general public a feel for, or in some cases a taste of, what we do. A highly significant part of the week involved the Political Briefing on Youth issues at Leinster House. As well as providing a platform for the airing of significant issues faced by local youth services and local communities, the briefing also offered a chance for TDs and Senators to meet their local youth service, a chance that was warmly welcomed on both sides.

We certainly weren't alone in our celebrations during the week and the huge amount of interagency and collaborative work engaged in was evident in all services. For example, on my visit to Louth I was cordially invited to celebrate the 21st birthday of a community project "The House" at Cox's Demesne in Dundalk supported by Youth Work Ireland. "The House" has made a huge impact in the local community and, although independent, the service acknowledged the meaningful and enduring support of Youth Work Ireland Louth throughout the years.

A word in the ear of the Minister

Later that day, while still in Dundalk, I was present while the Minister for Children and Youth Affairs Frances Fitzgerald opened a new youth mental health space led by young people. As well as officiating at this special occasion, Minister Fitzgerald enjoyed being briefed on the local youth service progress and on the collective celebrations occurring



around the country for Youth Work Ireland Week. As well as conveying the fantastic work being carried out, the conversation on the day also afforded a much needed chance to demonstrate to the minister the need for further investment into local community based youth projects. In Limerick our celebrations were joined by young people from all over Europe during the YELL Youth Empowerment Conference. During this vibrant and diverse occasion, the language (and accent) differences certainly weren't an obstacle to construction of rich and intelligent dialogue of young people in action.

The week proved a huge success and is certainly a platform for us to build on in the future. Travelling around the country to the various events made me ever more proud to be the president of such a dynamic, engaging and active organisation. The volunteers, staff and particularly the young people right around the country did as they always do in putting on a fantastic show, and the hard work and dedication of all involved made for a wonderful week!



BEING YOUNG & IRISH

The President of Ireland, Michael D. Higgins, is inviting young Irish people at home and abroad to play an active part in shaping Ireland's shared future.

Being Young and Irish

President Higgins has launched *Being Young and Irish*, a consultation process with young people running from May to September that will culminate with a Presidency Seminar later this year.

Being Young and Irish is looking to consult with Irish people aged 17 to 26, to seek to advance the national discourse on inclusion by harnessing the power of young people, enabling them to participate and be more involved in that discourse. The ambition is to create a society which values every citizen in every generation.

The central goal is to engage young people as active and reflective citizens in contemporary Ireland and to endorse them as one of the sources of wisdom in solving core social, political, economic and cultural issues confronting Ireland.

Being Young and Irish wishes to:

Open up channels of participation for young people and involve them in the national discussion and debate about what kind of country we now have, what form of republic we wish to create and how it can be achieved.

Identify, promote and celebrate original, youth-led sensitive and realisable solutions to our present conditions and proposals for a better society in the future.

Hear from young people and seek their views on the difficulties young people from diverse backgrounds are experiencing, as young and Irish people today

Between now and 29 September you can submit ideas on Ireland's shared future to President Higgins at: youngandirish@president.ie.

The President suggests that you address the following questions in your submissions:

1. What is your vision for Ireland?
2. What can you and other young people do to help achieve this Ireland?
3. What else needs to happen to make this possible?

Submission guidelines:

Please provide your name, address, email, d.o.b. and phone number as well as either of the following:

Written submissions: Maximum word count is 500 words.

Audio: Maximum length of audio is 4 minutes. Upload to any online audio host (e.g. soundcloud) and submit your link.

Video: Maximum length of video is 4 minutes. Upload to any online video host (e.g. youtube, vimeo) and submit your link.

Why should I contribute?

The President believes that young Irish people are a source of wisdom and that they can help solve Ireland's fundamental social, political, economic and cultural issues. He wants to gather your suggestions and ideas for change and ensure they are reflected in his Presidency.

When is this happening?

Between now and the end of September 2012 the President wishes to engage in a dialogue with you, to receive, review and discuss your suggestions for change to Irish society.

How will this happen?

Our dialogue will take place in a number of ways:

- Multimedia consultation process
- Four regional workshops
- The Presidency Seminar

What to expect?

Your ideas and suggestions will be reviewed by the President and his team and a selection of these will be identified and showcased on an appropriate

section of the President's website and similarly on the President's official Facebook page.

A selection of contributions will be showcased at the regional workshops. When the consultation process is completed the President will host the Presidency Seminar – *'Being Young and Irish'* where young people will sit side-by-side with invited decision makers.

During the consultation a number of young people will be selected and mentored to present key findings at The Presidency Seminar. A final report on *'Being Young and Irish'* and young people's vision for Ireland's shared future will be published.

Where are the workshops taking place?

The workshops will take place in four different locations around the country:

DUBLIN, Saturday, September 8th

CORK, Saturday, September 15th

MONAGHAN, Saturday, September 22nd

GALWAY, Saturday, September 29th

What will be the outputs of the Workshops?

The outputs of all four regional workshops and the multimedia consultation will be presented at the final **National Seminar on Being Young and Irish**.

What Now?

If you would like to apply to participate in one of the *'Being Young and Irish'* regional workshops, please fill out the 'Application Form' at

www.president.ie/being-young-irish

You can also send the completed form back to us by post:

BEING YOUNG & IRISH
Áras an Uachtaráin
Phoenix Park
Dublin 8

Setting Up A Youth Club Guide

Launch by Donegal Youth Service

Donegal Youth Service has launched its **Handy Guide to Setting up a Youth Club**. After numerous encounters with communities thinking of organising youth provision in their area, the **Youth Outreach Project** was charged to produce this handy reader to assist volunteers in their plans for a youth club set up. Working from a 'Quality Standards Framework' perspective, to ensure prospective youth clubs keep in line with National Policies and best practice guidelines, the short booklet was produced for dissemination across the county in shops, health centres, parish halls, community halls, FRC's and CDP's, in fact anywhere people met to plan and provide for their own communities.

Donegal Youth Service provide a quality Youth Outreach Project to a membership of over 30 youth clubs and aim at ensuring intending youth clubs are assisted in their set up and formation and enabled to become full members of the organisation. Volunteers wanting to set up a youth club in their area are met by the Senior Youth Worker to discuss local needs and to gain information on the 'offer' provided by Donegal Youth Service, i.e. programmes, activities, training, events, insurance etc. We are very clear that we **'do with'** but not **'do for'** local communities. We believe in

empowering volunteers to take on the work and provide a service that is in tune with local needs.

The Youth Outreach Project assists with compiling questions for a community audit, printing literature on behalf of a group for any leaflet drop and assisting with compiling the responses. We don't carry out surveys or audits for communities; we provide the tools for them to do it themselves. We encourage those who have a desire to form a local youth club to hold a public meeting and we make ourselves available at these meetings. We usually meet with the young people separately from the adults to gauge interest levels and ascertain information, pertinent to the needs of young people.

The next step is meeting with any intending/existing committee and of course encouraging that a junior committee become established. Training in committee roles and responsibilities is provided for both the adult volunteers if needed and the junior committee members to enable them to operate effectively. Of course some areas have existing committees and a wealth of knowledge in this area and we respect this.

Garda Vetting forms are distributed and processed by Donegal Youth

Service, via Youth Work Ireland National Office and Child Protection Training is set up and provided by the Youth Outreach Project. The new committee is kept in contact via email, phone or in person to support their ongoing work. If the group then decide to, they are welcome to apply to join Donegal Youth Service as a 'full' or 'associate' member. We appreciate that we invest in Garda Vetting and Child Protection in advance of affiliation, but we prefer volunteers are screened and 'good to go' before becoming affiliated and potentially operating outside of 'best practice' guidelines. Anyway, we feel that as long as volunteers are providing a quality service locally, it isn't important who they 'belong to'. Local youth clubs are free to approach other youth service agencies at any time.

When all the paperwork and training is in order, clubs are free to open and operate. We provide policies for clubs to operate to, provide all associated paperwork (consent forms, medical record forms, registration forms, accident/injury forms etc.) as templates that the local youth club is free to use or amend accordingly. Once affiliated, the club is encouraged to participate in the Youth Outreach Project services.



Sheena Boyle-Laverty, Lorraine Thompson and Charlene Logue of Donegal Youth Service at the launch of the Youth Club Guide

For further information or to request a copy of the Guide please contact Lorraine or Charlene at:

Donegal Youth Service

lorraine.thompson@donegalyouthservice.ie
charlene.logue@donegalyouthservice.ie

www.donegalyouthservice.ie





The Media and Body Image Activity Supplement

For young people media messages about body shape and size can be hugely influential on how they feel about themselves and their own bodies. Media messages that create cultural definitions of beauty and attractiveness are often acknowledged as being amongst the factors that contribute to the rise of eating disorders in young people. This activity supplement looks at how the media uses unrealistic body images to sell products and provides activities for youth workers in tackling this sensitive topic with young people.

Ice Breaker

Aim: To get young people to think about the sorts of questions and worries they have about body image, confidence and self-esteem while making them comfortable with sharing their feelings and thoughts.

Materials: A space large enough for everyone to sit on the floor and a tennis ball. When everyone is seated tell the young people that this exercise is designed to get them to think about beauty, body image and healthy eating.

Here are some sample ideas and topics to use in this activity:

A-Z of Beautiful Celebrities: Can they think of a celebrity for every letter? Each young person has to use the next letter in the alphabet to name a different glamorous celebrity. To

make it interesting you can alternate between male and female stars on every turn.

Body Modification: How many different ways can they think of to change the appearance of their body? This could include everything from hair, makeup, tattoos, piercings, diets and exercise, to tummy tucks, boob jobs, hair implants and facelifts etc..

Eating: How many different eating disorders or bad eating habits can they think of?

Begin activity:

- Throw the ball to a random young person who has to come up with a name, idea or word which fits the current topic.
- If they get stuck or fail to come up with an answer within 10 seconds, they pass the ball to the person on their left who tries to come up with an answer instead.
- Once they have spoken, the young person holding the ball tosses it back to the group leader

who then throws it to another person.

- Only the person holding the ball is allowed to speak.

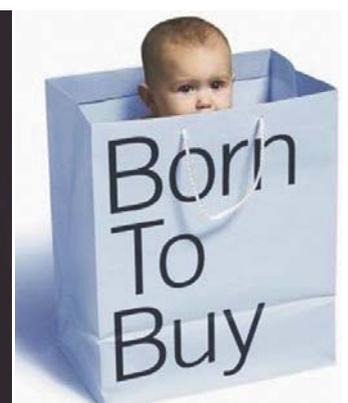
Source: *Gok The Naked Truth Teachers Pack*

Activity One: Defining Body Image and Influences

Aim: To increase awareness of where influences come from around the issue of body image.

Materials: Flip chart paper, markers and various fashion magazines with pictures of “perfect” bodies.

- Ask them what they think “body image” means to them?
- How do the young people see their body?
- How do they think others see their body?



How do they feel as a result? Make a list of their responses on the flip chart paper.

Ask the young people what “**positive body image**” is (*seeing and appreciating your body as it really is and feeling comfortable and confident with your body*). Write their responses on the flip chart paper.

Then ask them what “**negative body image**” is (*having a distorted perception of body shape, feeling ashamed and self-conscious about your body or feeling uncomfortable and awkward in your body*). Write their responses on the flip chart paper too.

Ask the young people what they feel influences their ideas of body image and what is their idea about what an ideal body should be. Get the young people to make up posters of all the qualities they think make up a “perfect” body based on photographs from magazines.

Source: *Nutrition and Physical Activity for Lifelong Health Lesson Fourteen / ETR Associates*

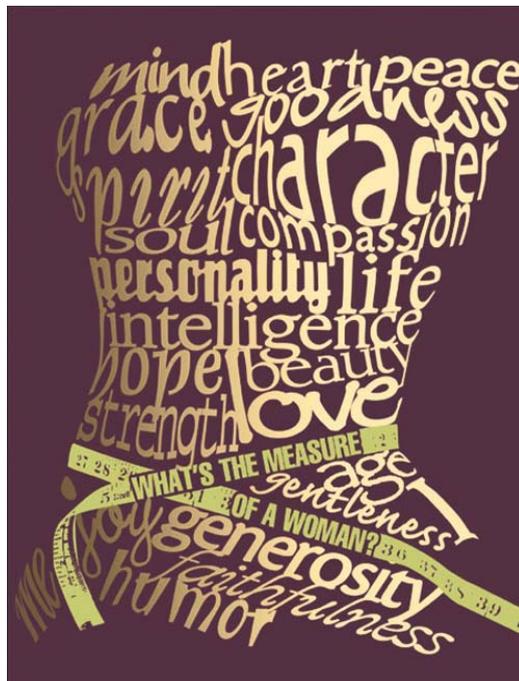
Activity Two: Create a Mixed Message Board

Aim: This is a hands-on arts activity that will help young people learn more about body image, eating disorders and recognise the mixed messages portrayed by the media regarding health, body, nutrition and reality!

Materials: Magazines, newspapers, glue, flip chart paper and markers.

Begin by asking the group what they know about body image and eating disorders, their causes and effects. How have they heard of these diseases? They may know celebrities who have been identified as having eating disorders.

Ask them to brainstorm the reasons that eating disorders are so prevalent



in our society even though food is abundant, and certain body shapes are valued.

What messages do the media give about food and physical beauty?

Divide the young people into small groups and give them a selection of magazines and newspapers, ask them to find examples of conflicting messages about eating and body image, such as ads for high-calorie foods with overly thin models.

Ask them to think of their own examples, and after they have compiled 5 to 10 powerful mixed messages, have each group create a “Mixed Messages” poster or collage that shows the volume of messages we receive in our daily lives about food and appearances.

Put up the posters around your youth club. Finish by asking the young people how they can help themselves to become more aware of the mixed messages and avoid conditions that trigger eating disorders.

Source:
www.discoveryeducation.com



Activity Three: Buy the Perfect Body!

Aim: To get young people to explore the impact of magazine advertisements on body image and individual purchasing and to get them to take a good look at society’s pressure to conform to standards of beauty, particularly to be thin and the prejudice against being “overweight.”

Materials: Magazines, glue, sample advertisements, scissors, flip chart paper for each group and markers.

Before the group meet, gather some sample advertisements of high profile brands that young people may relate to and ask them:

- What is it in the ad that appeals to them?
- How does the ad get people to buy the product?
- How does the ad make the person/people look?
- How does seeing or reading this ad make them feel?
- Does the ad tell the truth (give the whole picture)? Why or why not?”

Next divide students into small groups and give them magazines and other materials.

Ask them to go through the magazines and cut out pictures or words from ads that make them want to buy that product or be more like the person in the ad and have them make a poster which they present to the larger group.

Follow up with, “Why would companies only use images of ‘perfect’ people to sell their product?”

Discuss how the ‘perfect’ images are produced; e.g., computer enhancement, airbrushing or combining various parts of different people to create one image, etc.

Ask them what they feel the media could do differently to make sure they are not giving out the wrong idea of the ‘perfect’ body or what it means to be healthy?

Source: www.uen.org/Lessonplan

Activity Four: Prejudice and Body Image Discussion

Aim: To increase the young people’s awareness of their physical self and of media influences on their body image and behavior.

Materials: Magazines, glue, scissors, markers, sellotape, flip chart paper - two sheets for each group. Try to



have a good mixture of magazines that show images of people of varied race, ethnicity, shape and age.

Point out that many people young or old do not feel proud and confident about how they look.

Divide the young people into small same sex groups and give each group flip chart paper and a marker.

Ask the young people to make a list on one piece of flip chart paper of the parts of the body that people of their gender often feel dissatisfied with.

Label your list **Men often do not like...** or **Women often do not like...**

Using two or three magazines, find pictures of people of their gender that they think are attractive.

Make a collage of these pictures on the flip chart paper and add words or phrases that describe an attractive member of their own gender.

When they have finished the collage, sellotape both the list and the collage side by side on the walls.

Then ask the young people to take some time to read and look at all the collages.

Discussion

Do you think that, in general young people are satisfied with their own appearance?

Where do we get our ideas about what is attractive and what is not?

Did you find pictures that coincided with your ideas about what is attractive? If not, what were you looking for that you couldn’t find?

Do media images influence how attractive or appealing we feel?

Can we change some parts of our body? and do we as people change when we change parts of our bodies?

What parts of us can we not change?

What things can an adolescent do to feel better about his or her body?

Source: www.advocatesforyouth.org

Activity Five: Coat of Arms

Aim: To bolster a young person’s self image and self-esteem.

Materials: Give each of the young people a piece of blank A4 paper and some markers, coloured pencils or paints.

- Ask each of them to design their own ‘coat of arms’, listing four personal strengths that they believe they possess. These could be physical, personality-based or a particular skill they have mastered.
- Ask them to also come up with a personal motto to go underneath their shield.
- When the students have finished, make a wall display out of their creations so everyone can see the things they like about themselves.

It might be a good idea for you as the youth worker to come up with your own shield and motto too!

Source: *Gok The Naked Truth Teachers Pack*

Activity Six: Fashion, Media and Body Image

Aim: To explore the global dimension of media marketing and body image.

Materials: Selection of magazines and newspapers and Internet access if possible.

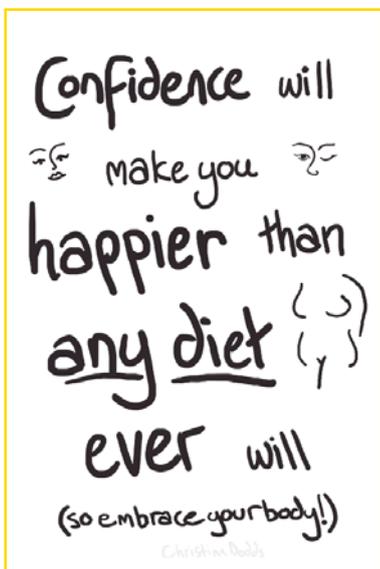
- Ask groups of young people to look through newspapers and magazines and cut out as many images of people they can find.
- Ask them to group the images into 3 groups of men, women and children.
- Then ask them to divide the groups again into racial groups, national groups, cultural groups, or professions.

- Finally ask them what they notice about what sorts of people are commonly represented as being professional or fashion symbols etc.
- Why do they think this is?
- What does this say about stereotypes of men and women, about different races and cultures and about what is considered 'beautiful'?

Adaptations:

If the group has Internet access the young people can look at fashion/news web-sites from different countries and cultures – and do a similar activity.

Source: www.cyfanfyd.org.uk



Tips for Improving Body Image for Young People

Some young people think they need to change how they look to feel good about themselves. But all you need to do is change the way you see your body and how you think about yourself. Here are some tips on doing that:

Recognise that your body is your own, no matter what shape or size it comes in.

Try to focus on how strong and healthy your body is and the things it can do, not what's wrong with it or what you feel you want to change

about it. If you're worried about your weight or size, check with your doctor to verify that things are OK. But it's no one's business but your own what your body is like; you have to be happy with yourself.

Identify which aspects of your appearance you can realistically change and which you can't.

Humans, by definition, are imperfect. It's what makes each of us unique and original! Everyone (even the most perfect-seeming celeb) has things that they can't change and need to accept – like their height, for example, or their shoe size. Remind yourself that real people aren't perfect and perfect people aren't real (they're usually airbrushed!).

If there are things about yourself that you want to change and can, do this by making goals for yourself.

For example, if you want to get fit, make a plan to exercise everyday and eat healthy. Then keep track of your progress until you reach your goal. Meeting a challenge you set for yourself is a great way to boost self-esteem!

When you hear negative comments coming from within, tell yourself to stop.

Appreciate that each person is more than just how he or she looks on any given day. We're complex and constantly changing. Try to focus on what's unique and interesting about yourself.

Try building your self-esteem by giving yourself three compliments every day.

While you're at it, every evening list three things in your day that really gave you pleasure. It can be anything from the way the sun felt on your face, the sound of your favourite band, or the way someone laughed at your jokes. By focusing on the good things you do and the positive aspects of your life, you can change how you feel about yourself. Some people with physical disabilities or differences may feel they are not seen for their true selves because of their bodies and what they can and can't do. Other people may have such serious body image issues that they need a bit more help. Working with a counsellor or therapist can help some people gain perspective and learn to focus on their individual strengths as well as develop healthier thinking.



Where to go next...

- www.bodywhys.ie
- www.spunout.ie
- www.headstrong.ie
- www.mindyourself.ie
- www.eatingdisorder.ie
- www.irishhealth.com
- www.aware.ie
- www.reachout.com
- www.healthpromotion.ie

- www.mentalhealthireland.ie
- www.media-awareness.ca
- www.headroom.net.au
- www.cyh.com
- www.kidshealth.org
- www.youthhealthtalk.org
- www.me-and-us.co.uk
- www.teenissues.co.uk

Limerick Youth Service

Still Going Strong After Four Decades

By Dermot Troy

Founded in 1973 by the late Sr. Joan Bowles, **Limerick Youth Service (LYS)** remains an integral part of life in Limerick city and county. As it approaches its 40th Anniversary, Limerick Youth Service continues to be at the forefront of youth affairs, providing educational training and recreational programmes for young people, while supporting numerous youth cafés and clubs. Limerick Youth Service remains committed to supporting and encouraging young people to be active participants in shaping their future.

The Story so Far

It has been a busy few months for Limerick Youth Service as we played host to a Ministerial visit, launched our Four Year Strategic Plan and hosted Y.E.L.L. (Youth Empowerment Looks @ Limerick) Week. This hectic period also saw the launch of our debut album, *Underground Sounds: A Charity CD Raising Funds for LYS Youth Clubs*, a

visit from a UK Somali Community Group, a Question and Answers session with local politicians and the launch of Limerick's first Anti-Bullying Awareness Week.

Minister Launches Limerick Youth Service Strategic Plan

April began with a visit from the Minister for Children and Youth Affairs, Francis Fitzgerald T.D. After a tour of our city centre training and educational facilities, Minister Fitzgerald was treated to lunch from our award winning catering team, where she was officially welcomed by Limerick Youth Service Director Catherine Kelly. The Minister then launched our **Four Year Strategic Plan 2012-16** which aims to promote new and diverse ways of working with young people, while also engaging with other organisations to enhance opportunities for

our young people.

Speaking at the launch Minister Fitzgerald thanked everyone for their hospitality and Limerick Youth Service for having the foresight to develop such a service. The Minister commented:

'there is great frontline work being done here. It is a state of the art service including a combination of community workshops with training facilities and youth cafes that are reaching young people and giving them an alternative place to meet their peers, which is a really important alternative to drink and drugs. I commend the work of everyone here.'

Minister Fitzgerald was then given a tour of our other city locations and was treated to some song and dance from local young people. On departing Catherine Kelly, thanked the Minister for her visit and her





kind words.

Limerick Youth Service YELLS for Youth Work Ireland Week

As part of the inaugural Youth Work Ireland Week, Limerick Youth Service hosted an International Conference titled: **YELL! Youth Empowerment Looks @ Limerick**. The event saw delegates from several European nations including Poland and the British Somali Community spend the week working with the YELL Group. The visitors were given an insight into the achievements in promoting youth participation in the community. Priscilla Sheehan of Limerick Youth Service said:

'the idea of YELL is to encourage and empower young people to take control of their lives and become active citizens in their local community.'

For further information on YELL please contact Eibhlis Bray at: eibhlisb@limerickyouthservice.com

UK's Somali Community Visit Limerick Youth Service

Following on from the success of YELL Week, a group from the Birmingham-Derby based Somali Educational and Welfare Foundation (SEWF) paid a return visit to Limerick Youth Service. During their week long stay they engaged in

workshops, seminars and were given a comprehensive tour of the facilities. SEWF was founded in 2004 and according to youth leader Ahmed Mirrah its aim is to

'enable full access to services of education, suitable employment, training and integration with the objective of alleviating poverty through promoting social and economic regeneration.'

Mr. Mirrah was full of praise for Limerick Youth Service and indeed the role of youth work adding that last year's August Riots (in the UK)

'highlighted the importance of youth work in showing young people an alternative to anti-social behaviour.'

Sounds of the Underground CD Launch

Limerick Youth Service's Glenworth Street Head Quarters was buzzing on Thursday April 26th last as we launched our debut album, 'Underground Sounds' at Lava Java's Youth Cafe. The album was recorded and produced by staff and volunteers at our recording studios at The Factory Southside Youth Space, near Southill in the city.

It features a diverse mix of local artists such as Sum Young Wans, who were finalists at the recent Irish Youth Music Awards. Lava Java's is quickly becoming a popular

outlet for young musicians who are looking for a place to perform. If you are interested in performing at Lava Java's please contact John Real at: johnr@limerickyouthservice.com

Grilled at Limerick Youth Service

Minister for Housing, Jan O'Sullivan TD was among a number of Limerick politicians that took part in a Q&A evening with young people on May 14th last at Limerick Youth Service HQ. The Q&A developed after a meeting between Oireachtas members and local volunteer, Elaine Flynn at Leinster House, during Youth Work Ireland's recent 'Show and Tell Political Briefing.'

On the night issues such as the Limerick Regeneration Project, cutbacks in education, suicide and young people's attitude towards politics were discussed. Eamon O'Brien, who chaired the Q&A, suggested that politics and the political system:

'should become more of a feature of the school curriculum.'

This was looked upon favourably by all in attendance including the political representatives. Commenting on the evening Limerick Youth Service Director, Catherine Kelly said:

'it was inspirational to see these confident young people question our politicians and hold their own

in the debate.'

Thanks were expressed to all who gave their time to attend the Q&A.

Bullying...WHY?

Limerick's inaugural **Anti-Bullying Week** ran from May 18th to 25th as Limerick Youth Service, in conjunction with **Limerick County Council** proudly supported this **Comhairle na nÓg's** initiative. Throughout the week Comhairle and Limerick Youth Service volunteers raised awareness of the different types of bullying and the impact it can have on a person, family and community.

Posters that drew attention to the effects of bullying were on display in youth spaces, with staff and volunteers sporting wristbands with the message:

Bullying...Why?

Speaking about the development of Anti-Bullying Week, Joe Walsh of Limerick Youth Service said:

'each year the newly elected Comhairle chooses a topic of relevance to young people to work upon, based upon the findings of the AGM, in which more than 80 students from across Limerick usually attend. This year Comhairle members have chosen the topic of young people's mental health and in particular, bullying as a key issue facing young people in Limerick.'

Following on from this week's event Limerick Youth Service will host an Anti-Bullying Awareness Evening on Thursday, June 28th.

For further information please contact Joe Walsh at:
joew@limerickyouthservice.com

More to Come at Limerick Youth Service

So that was just a brief insight into what has been a busy few months and indeed a busy four decades at

Limerick Youth Service and there is a lot more to come with an array of events planned for the summer months.

If you would like to know more about the goings-on Shannonside contact us at:

Dermot Troy
Communications Officer
Limerick Youth Service.
(t): 061-412444

Email:
dermott@limerickyouthservice.com

www.limerickyouthservice.com

**or follow us on Facebook and
Twitter**

limerick youth service 



Round Up

Consultation on Improving the Lives of Children and Young People

Minister for Children and Youth Affairs Frances Fitzgerald T.D. has launched a public consultation on improving the lives of children and young people. The consultation will inform the development of all key policies and strategies within the Department over the next five years.

This consultation is for anyone with an interest in improving the lives of children and young people. The overall aim of this consultation is to ensure children and young people growing up in Ireland are:

- Safe and secure.
- Have a say in decisions that affect their lives.
- Enjoy learning in all aspects of their lives.
- Be good citizens
- Be healthy and active.
- Move confidently into adulthood.
- Experience economic security.

To take part in this consultation please go to:

www.dcy.gov.ie/Consultation-2012

This link will remain open until Friday 6th July.

Stop, Look, Listen 2012

Dún Laoghaire Rathdown County Council is delighted



to announce that applications are now open for STOP LOOK LISTEN 2012. From Thursday 25th October

until Saturday 3rd November youth arts activity will be celebrated around the County, as this annual showcase of young people's participation in the arts comes to life. If you are a young person between the ages of 12 and 25 who is involved in singing, performing, playing, dancing, organising, talking or making, register your interest in letting people know what you are up to. Or if you represent an organisation, project or programme that works with, or on behalf of, young people in a creative way then STOP LOOK LISTEN is for you too! Young people are making exciting, creative work all over the County and we want to highlight and celebrate this work.

For more information contact:

Mary Mac Namara
(e) grainstore@dlrcoco.ie
(t): 01 2047978

SCSPE Students: Act to Promote Human Rights

The Irish Human Rights Commission (IHRC) is inviting CSPE



students to creatively communicate about a human rights issue that concerns them through their CSPE Action Project and submit their work to the IHRC. It is planned to exhibit the work later in the year. The IHRC's Human Rights Action Project Initiative will launch in September 2012.

The Irish Human Rights Commission (IHRC) was established under statute in 2000, to promote and protect the human rights of everyone in Ireland. The human rights that the IHRC is mandated to promote and protect

are the rights, liberties and freedoms guaranteed under the Irish Constitution and under international agreements, treaties and conventions to which Ireland is a party.

For more information contact:

Fidelma Joyce
(t): 01 8589601
(e): joyce@ihrc.ie

Teen-Line Ireland Call for Volunteers

Teen-line Ireland is a registered charity that provides a national free-phone helpline for young



people in Ireland. The aim of the organisation is to provide emotional support, through a national listening service for young people who may be feeling lonely, alone, worried or depressed. Teen-line is built on the belief that young people need to be listened to and the service is a confidential secure and non judgemental one for young people to express their feelings. Teen-line believes that all young people from all social, religious and ethnic backgrounds can experience challenging times at some point in their lives.

Teen-Line Ireland's volunteers are ordinary, every-day people who understand that young people need to be heard - they volunteer to listen - If you are over 21, a good listener and have 3 hours a week to spare and feel that Teen-line Ireland is a charity that you would like to volunteer with please contact:

(t) 01 4622124
(e) volunteer@teenline.ie
www.teenline.ie

Training

Specialist Certificate in Youth Health Promotion 2012-13

Dates: 1st October-31st May 2012

Details: The National Health Youth Programme is now inviting applicants for the Specialist Certificate in Youth Health Promotion 2012-13.

This 3rd level Certificate is delivered by the National Youth Health Programme and is Accredited by NUI Galway. The course provides participants with the opportunity to develop knowledge and skills to facilitate their youth organisation in becoming an effective setting for health promotion, while working within the National Quality Standards Framework (NQS) for youth work. It also enables participants and their organisations to begin the process of achieving a *Health Quality Mark*.

The Health Quality Mark is a health promotion initiative which aims to enhance best practice and a high standard of quality in all aspects of health promotion in youth organisations. The HQ Mark is a set of quality standards in youth health promotion and takes the form of an award conferred on organisations that satisfy agreed quality *criteria*.

The Specialist Certificate in Youth Health promotion is an important first step in this process. It is designed for anyone working with young people in a youth work, out-of-school or non formal education setting, who are interested in promoting health within their work setting.

For more information contact:
01-4784122
kevin@nyci.ie
www.nyci.ie

Children First Training Level 1 and Level 2 course info with the 1 Stop Training Shop

“Seeing the Signs – An Introduction to Child Protection” (Level 1)

The 3 Rs – Responsibilities, Recognising and Reporting” (Level 2)

“Seeing the Signs – An Introduction to Child Protection” (Level 1)

Seeing the Signs is a national child protection training programme. The courses run at Level 1, 2 and 3 and are aimed at staff members who have direct or indirect contact with children during the course of their work. These sessions will provide details of how to recognise child abuse and ensure that staff members are aware of how to respond to situations. Some aims of the course are:

- To provide a greater understanding of the signs and indicators of abuse.
- To raise awareness regarding the fundamental issues of Safeguarding and well being.

For a full listing of training dates

contact:

085 7494383

info.1stoptrainingshop@yahoo.ie

MY Project: Music Workshops and Training

Summer 2012 – Music Workshop and Training Activities Available

Summer 2012 is nearly here and The Music for Youth Project has a limited number of workshops, programs and activities available. Our trained youth music facilitators can come to your project, school, service or community and deliver hands on learning through music for young people.

Music, for young people, is often at the centre of their forming identity. It connects them to their peers and informs their ideas around life's topics and issues. The Music for Youth Project engages young people positively through music and creates opportunities for their development. Through its outreach music training and learning initiative, the My Project promotes young people's growth in such areas as - confidence, self esteem, group work, creativity and self expression.

For more information please

contact:

087-7085019

info@themyproject

www.themyproject.ie

Limerick Play and Learning

Date: Monday 23rd-Friday 27th July

Week long residential summer school with Marc Armitage and Steve Goode at the University of Limerick.

This is a Challenging Continuing Professional Development event aimed at youth workers, managers, teachers, development officers and advisors in Childcare, Schools, Playwork, After-Schools, Youthwork and others who work with children.

The residential week will be packed full of new ideas, reflection, discussion, challenges, new research, worldwide examples, films, photos and a BBQ.

Contact Steve Goode for more

information:

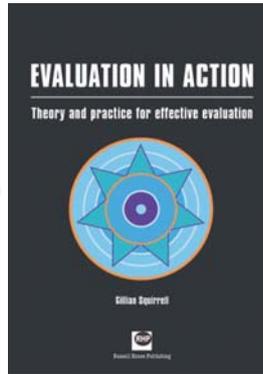
087 9972974

stevegoode@stevegoode.org

Evaluation in Action: Theory and practice for effective evaluation

By Gillian Squirrell, 2012

Evaluation is a powerful tool that can create considerable fear. It may be used to decide how to allocate often scarce resources, it can be the forerunner of bad news, or just be a means to preserve the status quo. But evaluation is always about people, and can empower the disempowered, stimulate change, and support democratic innovation and creativity, and it is these elements that this book emphasises.



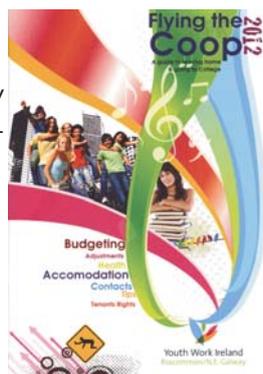
Exploring its emotional as well as social, political and technical aspects, this book shows how evaluation is always about people, and that what it becomes is a matter of choice.

Accessible for those early in their experience of evaluation, this book takes them and those with more experience to more advanced levels, by providing: theory, background information, history and reflections on the diversity of possible developments of evaluation. It offers readers opportunities to reflect on examples and on their own practice, and to make use of some guidelines and check-lists.

Flying The Coop 2012: A guide to leaving home & going To college

By Youth Work Ireland Roscommon/N.E.
Galway, 2012

Going to third-level college can be a really fun time; plenty of freedom and independence, new friendships, living in a new environment, not to mention the relief of having survived the Leaving Cert. But with all this



excitement comes some anxiety too. Most young people handle the move pretty well, but some may find it a lot tougher than others. Many factors contribute to how you adapt to your new surroundings such as personality, maturity, attitude, self-image and general coping ability. As with most transitions things can be made easier with preparation and having vital information. This guide aims at helping young people leaving home for the first time to be as prepared as possible for this new and exciting adventure. Topics covered include how best to make the adjustment, preparation, settling in, finding the right accommodation, tenant rights, costs, budgeting, health and personal safety.

Irish Non Profits: What do we know?

By the Irish Non profits Knowledge
Exchange, 2012

Nonprofit organisations are to be found in every parish and town-land in the country. Their work touches all of us directly and indirectly, and they play an incalculable role in the quality of our lives and our civil society.



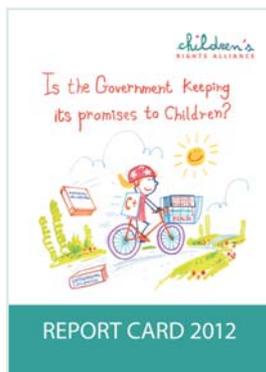
Since 2007, when INKE started life as a feasibility research project, we have built an informational infrastructure as a service to the public, to the sector, and to government. It is hoped that everybody will benefit when the work of nonprofits is more visible, more transparent and more accountable. This report illustrates how much information is already available in the public domain – the work has involved gathering, harmonising and storing it together for the first time, in a digital form that allows anybody to study the data, for any reason.

This first report only scratches the surface: as more data is captured year on year, the database will become even more valuable as a source of trend, as well as comparative data.

Is The Government Keeping Its Promises to Children - Report Card 2012

By Children's Rights Alliance, 2012

This is the fourth edition of CRA's annual report card series. *Report Card 2012* evaluates the new Government on its progress since taking office in March 2011, based on the commitments it made in its *Programme for Government*. It awards a 'C+' grade, reflecting a satisfactory attempt to date. However, even with this improved grade, the rights of many children continue to be violated in specific areas particularly those experiencing poverty or in detention in St Patrick's Institution.

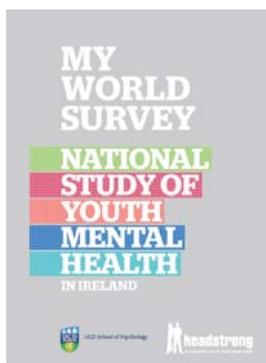


Commitments in *Report Card 2012* are organised in the same four sections as previous editions: Education, Health, Material Wellbeing and Safeguarding Childhood. A new section on 'Realising Children's Rights' has been added to capture new commitments in this area. While the topics addressed remain broadly the same there are specific changes within sub-sections, based on the new commitments. These are noted in the text. Given these changes, it is not possible to make direct comparisons with grades awarded in previous years.

My World Survey: National study of youth mental health in Ireland

by Headstrong & UCD School of Psychology, 2012

This survey is the first national study on youth mental health in Ireland and aims at providing a baseline of youth mental health on risk and protective factors in Ireland. It addresses the gaps in our understanding by providing data at a national level to benchmark the mental health of our young people. This report presents



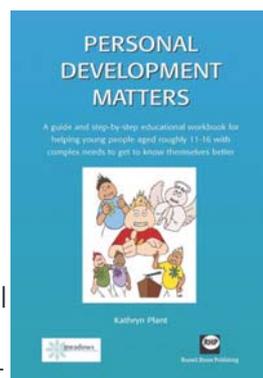
descriptive findings from the MWS. These findings are divided into three sections:
1) Young people in second-level education (12-19 years)
2) Young adults (17-25 years)
3) Developmental data on risk and protective factors of mental health and risk-taking behaviours for the entire MWS sample (12-25 years).

The Survey broadens our understanding of what it is like to be young in Ireland today. It also maps the mental health experience of over 14,000 adolescents and young adults aged between 12 and 25. It is evident from the findings that mental health difficulties emerge in early adolescence and peak in the late teens and early 20s, making this period in young people's lives a highly vulnerable one. This peak in mental health difficulties, in general, is coupled with a decrease in protective factors such as self-esteem, optimism and positive coping strategies.

Personal Development Matters: A guide and step-by-step educational workbook for helping young people aged roughly 11-16 with complex needs to get to know themselves better

By Kathryn Plant, 2011

Step-by-step workbook complete with guidance for anyone who is undertaking long-term interventions with young people. This book provides extra help and support with personal and emotional development to any young person, for whatever reason. The workbook can be used in or out of education time, with young people who have complex needs, including those who are 11-16, or perhaps a bit older or younger and have complex needs or are receiving support and intervention from workers. The introduction can help a wide range of people to prepare for this educational work, including teachers, learning mentors, youth justice workers, social workers, residential care workers, key workers and foster

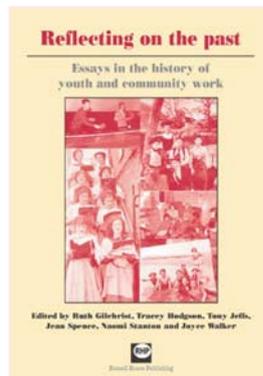


carers. Psychologists, therapists, counsellors and other professionals involved in long-term interventions with young people may also find it useful. The workbook can be used as a step-by-step, guide by using separate sections independently to address specific needs.

Reflecting on the Past: Essays in the history of youth and community work, 2011

*Edited by Ruth Gilchrist, Tracey Hodgson,
Tony Jeffs, Jean Spence, Naomi Stanton
and Joyce Walker*

This book is designed to encourage the search for better solutions, more enlightened policies and ways of working with young people that stimulate dialogue and democracy rather than uniformity and conformity. The essays show the authors' enthusiasm and determination to expose and preserve the cord of history linking contemporary practitioners with those who went before.

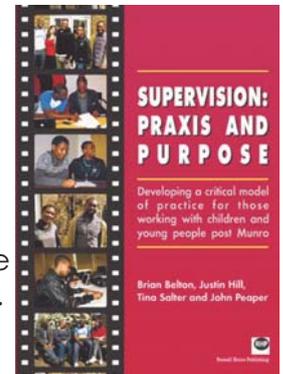


Thoughtful reflection on what once worked - and what did not - is, however, often perceived by those pushing an agenda of reform as something that merely slows down implementation. According to their world view, concern for the ideas and movements that brought us to where we are today is a distraction. History is relegated to the status of 'hobby', and the cord linking us to the past is no longer seen as a precious thread offering a route to greater understanding, but as a rope tied to a sheet anchor preventing progress.

Supervision: Praxis and purpose developing a critical model of practice for those working with children and young people post Munro

*By Brian Belton, Justin Hill, Tina Salter and
John Peaper, 2011*

This book provides a critical analysis of both the practice of supervision and the theories behind it, questioning the taken-for-granted notions of supervision that have evolved since their origins in the 1960s.



Exploring an area that has received little in-depth critical research, it brings to the discussion of supervision theory the same level of critical questioning that Belton proposes should be applied within the practice of supervision itself. It hopes to enable supervisors to develop or improve existing practice, and eventually replace the existing 'church' of supervision with a new and more effective, relevant paradigm. The book examines the theoretical basis of supervision and its purposes and aims. It examines the potential and actual role of supervision in supporting coaching practice; offers a perspective on the techniques and responses in reflective practice; and considers supervision, and its distinctiveness in relation to coaching, mentoring, psychotherapy and counselling models, and its place in developing best practice in the growing context of coaching. The book also highlights the importance of dialogue as the basis of supervision; and explores how dialectical relations can facilitate considered practice and create new directions from mutually questioning encounters.

These publications are available on loan to
members of the IYWC.

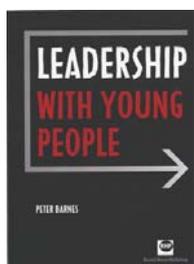
To request any of these publications contact:

Gina Halpin

(t): 01 8584512

(e): ghalpin@youthworkireland.ie

Recommended Reads



Leadership with Young People

by Peter Barnes, 2002

This book is aimed at all those volunteers and professionals who work with young people and need to understand the effective use of personal leadership. It introduces some of the more relevant leadership theories in a readable manner and provides ideas on putting them into use. It is factual, concise and easy to read, giving directions to areas or further study.

RR Price: €18.00 | Sale Price €16.00

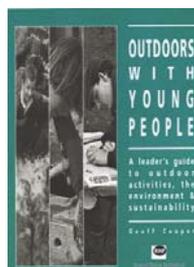


Managing Recruitment and Selection

by Gill Taylor, 1999

Good recruitment and selection skills are vital for any voluntary sector organisation seeking the support of a quality workforce and wishing to address equal opportunity needs. The book covers key management topics including: drawing up job descriptions, using consultants, advertising posts and the interview and selection process.

RR Price: €15.00 | Sale Price: €13.00

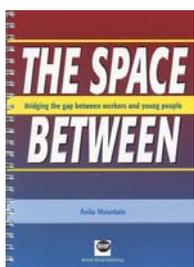


Outdoors with Young People: A leader's guide to outdoor activities, the environment and sustainability

by Geoff Cooper, 1998

Imaginative and practical guidebook which provides positive safe and enriching outdoor experiences to young people of all ages. It provides a simple framework and numerous practical ideas and activities that will help to introduce environmental issues in ways that satisfy young people's curiosity.

RR Price: €18.00 | Sale Price: €16.00



The Space Between: Bridging the gap between workers and young people

by Anita Mountain, 2004

This book offers group work approaches to work with young people who are at risk of being in contact with the juvenile justice system, coming before the courts, or being received into care. It strives to encourage the development of a supportive and questioning atmosphere where workers and young people can be challenged.

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